

Dr. Vipul Kumar

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Educational qualification –

- **UGC-NET (Psychology) Qualified - (2017)**
- **Qualified ICMR – JRF -2014 (No.3/1/3/ next-100/JRF-2014/HRD)**
- **D. Phil.** (Awarded, 2019) Topic- **Health Beliefs and Coping with Diabetes Mellitus**
- **Master of Arts** - (Psychology) 2011, **74.00 %** (7.4 GPA out of 10), Department of Psychology, University of Allahabad
- **Bachelor of Arts** - (Psychology, English Lit., Med/Mod History) **58.74%**, University of Allahabad
- **Class XII (PCM Group) - U.P. Board, 2006, 63.4%**
- **Class X - U.P. Board, 2004, 66.33%**

Teaching Experience- 5 years 3 months

Specialization- a) Social Psychology, b) Health Psychology and c) Research methods & Statistics

Membership:

1. National Academy of Psychology (NAoP) since 2017.
2. Society of Young Psychologists (IAYP) since 2021.
3. American Psychological Association

Research Guidance: 02 (Ongoing)

Research Experiences:

1. Worked as a Project Fellow in UGC Major Research Project entitled "Adherence to medical regimen among type 2 diabetes mellitus (DM) patients: role of Psychosocial factors".
2. Worked as a Research Associate in the ICSSR IMPRESS project entitled "Character virtues and well-being of youth: Role of social networking sites (SNS)".
3. Dinić, B. M., Bodroža, B., Jovanović, T., Hinić, D., Puharić, Z., Puharić, F., ... & Pyżalski, J. (2024). A cross-national perspective of prejudice-based cyberbullying: An empirical study across 17 countries. In *COST project" Transnational Collaboration on Bullying, Migration and Integration at School Level"*.
4. Collaboration under the project entitled "Body Image in Nature Survey: An International, Collaborative Project"

Publications (Research Papers):

1. Swami, V., Voracek, M., Stieger, S., Aavik, T., Ranjbar, H. A., Adebayo, S. O., ... & Lukács, A. (2026). Positive body image is a pathway between nature contact and life satisfaction across 58 nations. *Environment International*, 110277.

2. Ali, A. A., Kumar, V., Kohli, N., Sinha, C., Tripathi, P., Upadhyay, A., ... & Tiwari, G. (2026). Sensemaking and Work Engagement Among Police Personnel at Maha Kumbh Mela. *Journal of Contemporary Business Research*, 3049513X261489883.
3. Das, S. S., & Kumar, V. (2021). Perceived severity, fear of retaliation, and suspect report intention of general public during COVID-19 pandemic: A moderated moderation analysis, *Journal of Public Affairs*, e2734.
4. Kumar, V., Kohli, V., & Ali, A. A. (2025). Exploring the Linkages Between Beliefs, Practices and Well-being of Kalpvasis. *Psychology and Developing Societies*, 37(1), 131-155.
5. Kohli, N., Kumar, V., Yadav, S., & Tripathi, P. (2024). People with HIV/AIDS: Stigma, Self-Esteem and Psychological Health. *Psychological Studies*, 69(4), 432-440.
6. Kumar, V. & Maral, P. (2015). Involvement in Decision Making Process: Role of Nonworking and Working Women. *Journal of Psychosocial Research*, Vol. 10, No. 1, 75-84.
7. Kumar, V., & Kohli, N. (2024). Successful Adaptation to Type 2 Diabetes Mellitus (DM2): A Qualitative Study. *Psychology and Developing Societies*, 36(2), 191-214.
8. Kumar, V., Maral, P., Upadhyay, A., & Azam, S. (2024). Women: Autonomous Bodies, Are They? Understanding Autonomy and Well-being. *The Oriental Anthropologist*, 0972558X241277121.
9. Maral, P., & Kumar, V. (2017). Family structure and decision-making power among working and non-working women. *IAHRW International Journal of Social Sciences*, 5(4), 574-580.
10. Dubey, N., Tiwari, V., Yadav, S., & Kumar, V. (2025). Building the Self: Examining Disparities in Identity between Muslim and Hindu Girls in Higher Education. *International Journal of Indian Psychology*, 13(3).
11. Swami, V., Stieger, S., Voracek, M., Aavik, T., Abdollahpour Ranjbar, H., Adebayo, S. O., ... & Lukács, A. (2025). Life satisfaction around the world: Measurement invariance of the Satisfaction With Life Scale (SWLS) across 65 Nations, 40 languages, gender identities, and age groups. *PLoS One*, 20(1), e0313107.
12. Swami, V., Tran, U. S., Stieger, S., Aavik, T., Ranjbar, H. A., Adebayo, S. O., ... & Lukács, A. (2023). Body appreciation around the world: Measurement invariance of the Body Appreciation Scale-2 (BAS-2) across 65 nations, 40 languages, gender identities, and age. *Body image*, 46, 449-466.
13. Swami, V., Tran, U. S., Voracek, M., Aavik, T., Ranjbar, H. A., Adebayo, S. O., ... & Lukács, A. (2025). Self-Compassion Around the World: Measurement Invariance of the Short Form of the Self-Compassion Scale (SCS-SF) Across 65 Nations, 40 Languages, Gender Identities, and Age Groups. *Mindfulness*, 1-28.
14. Swami, V., White, M. P., Voracek, M., Tran, U. S., Aavik, T., Ranjbar, H. A., ... & Lombardo, C. (2024). Exposure and Connectedness to Natural Environments: An Examination of the Measurement Invariance of the Nature Exposure Scale (NES) and Connectedness to Nature Scale (CNS) Across 65 Nations, 40 Languages, Gender Identities, and Age Groups. *Journal of Environmental Psychology*, 102432.
15. Yadav, S., Kohli, N. & Kumar, V. (2016). Spiritual Intelligence and Ethics in Negotiation. *Journal of Psychosocial Research*, Vol.11, No.1 (January-June): 55-63.

Book chapter –

1. Kohli, N., & Kumar, V. (2022). Integrative Interventions for Managing Cancer: Issues and Concerns. In *Towards an Integrative Psychological Science: Issues, Approaches and Applications* (pp. 229-246). Singapore: Springer Singapore.
2. Kumar, V., Kohli, N., & Tripathi, P. (2022). Human Adaptation during Covid-19 Pandemic: The Role of Perceived Stress and Resilience. In *Climate Change, Disaster and Adaptations* (pp. 183-193). Springer, Cham.
3. Dinić, B., Bodroža, B., Jovanovic, T., Hinić, D., Puharić, Z., Puharić, F., ... & Pyżalski, J. (2024). Transnational Collaboration on Bullying, Migration and Integration at School Level. *TRIBES Handbook*.
4. Dinić, B. M., Bodroža, B., Jovanović, T., Hinić, D., Puharić, Z., Puharić, F., ... & Pyżalski, J. (2024). A cross-national perspective of prejudice-based cyberbullying and cybervictimisation. In *International Perspectives on Migration, Bullying, and School* (pp. 148-165). Routledge.

Conferences attended/presented papers: 30 papers presented in National and International conferences.

Invited lectures-

1. Conducted a two-day "Fundamentals of Statistics" workshop from 2nd September to 3rd September, 2022, at the University of Allahabad.
2. Invited to an online lecture on the topic "Understanding Statistics" on 4th September, 2022, the University of Allahabad.
3. Invited to an online lecture on "Parametric and Non-parametric Statistics" on 4th September, 2022, the University of Allahabad.
4. Delivered a lecture on "Stress and Coping" on 09.03.2024 at Udai Pratap Autonomous College, Varanasi.
5. Delivered a lecture on "Hands-on Training of SPSS in Quantitative Data Analysis" on 24.10.2024 at the University of Allahabad.